



## DATES TO REMEMBER

- March 31: Spring Break Art Workshops for Cloverbuds 10 a.m. and 1 p.m.\*
- April 1: 4-H Spring Break Art Workshops 10 a.m. and 2 p.m.\*
- April 2: 4-H Spring Break Art Workshops 10 a.m. and 2 p.m.\*
- April 3: Horticulture Club, 5:30 p.m.
- April 9: Dairy Goat Club and Market Lamb Club, 6:00 p.m.
- April 10: Rabbit Club, 6:00 p.m.
- April 10: Poultry Club Hatch Day
- April 16: Thrive!, 4:30 p.m.
- April 16: Cloverbud Cooking, 4:00 p.m.\*
- April 17: Livestock Club, 6:00 p.m.
- April 21: Cloverbuds, 6:00 p.m.
- April 28: Homeschool Club, 5:00 p.m.
- April 29: Vegetable Bucket Garden, 5:30 p.m.\*

#### \*Must RSVP to attend

*All meetings are held at the Daviess County Cooperative Extension Office unless noted otherwise.* 

## SUMMER PROGRAMMING

Check out the May newsletter for classes and workshops!

### 2025 4-H fair exhibit books are AVAILABLE! Stop by the Extension Office to pick one up, or call us to have one mailed to you. The Daviess County Lions Club Fair will be July 16-19, 2025.

COUNTY FAIR



## FARMERS' MARKET

Make plans to attend opening day of the Owensboro Regional Farmers' Market! April 12th from 8:00 am to noon

More information on Daviess County 4-H can be found on our website at <u>https://daviess.ca.uky.edu/4-h-youth-development</u>. Also be sure to check out our social media pages!



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## LIVESTOCK CLUB MEETING MINUTES FROM MARCH 6, 2025

## Called to Order at 6:00 pm.

Goat Club Leader Lindsey Dewig gave introductory information regarding this year's upcoming events including the Scholarship Auction.

Next, President Jolene Raymer introduced our program for the night, a cheese tasting led by Becky Rowe. Ms. Rowe discussed the importance of dairy and the different preservation methods for fresh milk. As a part of this, she brought different kinds of cheese from all over the world, including France, Italy, and Germany. The 4-Hers had the opportunity to sample these as well as goat and sheep cheese, and experiment with flavor pairings.

I asked a few 4-H members what they learned and here were their answers!

-Milk is crucial for all mammals, because it is such a good source of calcium and protein.

-Different animals have slight differences in milk because each mother's milk changes to meet the specific needs of her baby.

-Despite milk's importance, there is a lack of small-scale dairies.

-Most of our milk is processed in large scale factories by machines, and thus cheesemaking is an art that not many people have a talent for.

Lastly, Livestock Club members had the opportunity to meet with the individual club leaders about the upcoming projects for this summer. Club leaders shared information about where and when to get show animals, as well as upcoming meeting dates

Overall, it was a wonderful Livestock Club meeting! Thank you to Becky Rowe for presenting and all the families who attended!

Submitted by Katie Beth Osborne, Secretary



## 4-H RECOGNITION NIGHT

Recognizing 4-H'er achievements and the contributions of volunteers.

### Thursday, May 1 at 5:30 p.m.

Supper will be served. Please RSVP by noon, April 28



4-H AEROSPACE DAY CAMP

# OPEN HOUSE

### "Start your Summer with Extension" on **Tuesday, May 20 from 5-7 p.m.**



There will be food, giveaways, grab and go's, door prizes, and more!

> Cooperative Extension Service

FRIDAY JUNE 6TH (RAIN DATE—SATURDAY JUNE 7TH)

Who: Youth 6th - 12th grade What: A full day of fun. Learning about Aerospace, Aviation, Weather, & Navigation. Build a glider, rocket, and take your first flying lesson with a Certified Flight Instructor (CFI). When: Friday June 6th (rain date—Saturday June 7th) Start at 8:00 A.M. Where: Madisonville Airport Cost: \$120.00 (includes lunch, materials, t-shirt, flight expenses, etc.)

Principles of flight

Weather
Fly a plane

Log your first Discovery flight
GPS Global Positioning System

Navigation

DEADLINE IS MAY 10TH. PLEASE RETURN TO: BUTLER COUNTY EXTENSION 102 PARKWAY LANE MORGANTOWN KY 42261 PLEASE MAKE CHECKS PAYABLE TO YOUR LOCAL EXTENSION OFFICE.

# you must be paid in full to be registered 270-526-3767 FOR MORE INFORMATION

- Registration forms can be requested from the Extension Office. Stop by or give us a call.
- Return form, proof of insurance, and payment to Daviess County Extension Office by May 10th.
- For more information call Stacey Potts (270) 685-8480.



# AGES 9–15: \$225 TEEN LEADER FEE\*: \$125 \*ages 16-17 (spots have leadership responsibilities, with very limited number of spots available)

# ASK ABOUT INCENTIVES FOR ADULT LEADERS!

FOR MORE INFORMATION: DAVIESS.CA.UKY.EDU/4HCAMP OR CALL THE EXTENSION OFFICE AT 270–685–8480



# CAMP FORMS ARE DUE MAY 7<sup>TH</sup>

WESTKY CLOVERBUD CAMP JUNE 20-22, 2025

Dawson Springs, KY

- Youth must be accompanied by an adult
- Adults must complete the Volunteer Background Check paperwork
- Camp begins at 4:00 p.m. Friday and ends at lunch Sunday

\$170: YOUTH 5-8 \$160: ADULTS 16+

# **EVENTS**

Ag, Canoeing, Cooking, Crafts, Fishing, Low Ropes, Nature, Recreation, Swimming

# **QUESTIONS?**

Contact|Stacey Potts stacey.potts@uky.edu 270-685-8480

# **APPLICATIONS DUE MAY 14TH**

#### Cooperative Extension Service

Agriculture and Natural Resources Family and Consumer Sciences 4-H Youth Development Community and Economic Development

#### MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

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CONFERENCE

# FIND YOUR SPARK AND BUILD FRIENDSHIPS



10th - 13th June 2025

#### About Our Event

Kentucky 4-H Teen Conference is a comprehensive leadership development event tailored for high school 4-H members. This conference is designed to provide youth with a multifaceted experience that combines educational workshops, leadership training, community service, and social activities.



### **Event Highlights**

#### Majors

These workshops are held on the University of Kentucky campus, offering a unique opportunity for youth to experience college life and explore the academic resources available at UK.

#### Leadership Minor

Focuses on developing essential leadership skills through targeted activities and discussions

#### Day of Service

Participants engage in community service projects throughout Lexington

#### Social Activities

These activities include CLOVER Fest, a formal dance, dorm life experience, and area night-out events. These events provide a fun and relaxed environment for youth to connect with their peers.

Teen Conference fee is \$300. Partial Scholarships are available. Applications will be available at a later date. For more information contact Stacey Potts at 270-685-8480. POWER OF PRODUCE

- Participate once a week (Tuesday, Thursday, or Saturday) and receive \$5 in market bucks to use on fresh produce
- Must be present and participate to receive market bucks
- Each week offers a different activity and food sample related to in-season produce
- Open to kids and adults (ages 3 and up)

#### **Program Dates:**

-POP-

POWER L OF PRODUCE

Week 1: June 3, 5, 7 Week 2: June 10, 12, 14 Week 3: June 17, 19, 21 Week 4: June 24, 26, 28 NONE Week of July 4th Week 5: July 8, 10, 12 Week 6: July 15, 17, 19 Week 7: July 22, 24, 26 Week 8: July 29, 31, Aug 2



**How to Register:** Find the POP Club cart the first week of June (3, 5, or 7) to sign-up!

**Owensboro Regional Farmers' Market** 1205 Triplett St. Owensboro, KY 42303







Martin-Gatton College of Agriculture, Food and Environment ooperative Extension Service **Daviess County** 

## LEMON BROCCOLI PASTA

### Ingredients:

- 1 box (16 ounces) whole-wheat pasta (rotini, spaghetti, bowtie, elbow macaroni)
- 1 package (12 to 14 ounces) frozen broccoli
- Zest of one lemon
- Juice of one lemon (about 2 tablespoons of lemon juice)
- 2 tablespoons olive oil
- 2 1/2 teaspoons garlic powder or 1 clove of garlic, minced
- 2 cups spinach
- 1 cup grated parmesan cheese
- 1 cup reserved pasta water

#### Servings: 8 Serving Size: 1 <sup>1</sup>/<sub>2</sub> cups

#### **Directions**:

- 1. Wash hands with warm water and soap, scrubbing for at least 20 seconds.
- 2. Boil water and prepare pasta according to package directions. Be sure to save 1 cup of pasta water for later use.
- 3. While the pasta cooks, microwave broccoli for about 5 minutes, or until thawed.
- 4. In a large saucepan over medium heat, add oil and sauté broccoli for 3-5 minutes.
- 5. Add cooked pasta to the saucepan with the broccoli. Add lemon zest, lemon juice, garlic, spinach, and reserved pasta water. Use tongs or a spoon to evenly combine everything. Cook until spinach is wilted, about 5 minutes.
- 6. Sprinkle over parmesan cheese and stir to combine. Reduce heat to low and cook for an additional 3 to 5 minutes or until it reaches desired texture.
- 7. Serve.
- 8. Refrigerate leftovers within 2 hours.

Nutrition Facts: 320 calories, 9g total fat, 2.5g saturated fat, 10mg cholesterol, 200mg sodium, 51g total carbohydrate, 7g dietary fiber, 2g sugars, 13g protein, 0% daily value of vitamin D, 10% daily value of calcium, 15% daily value of iron, 4% daily value of potassium

Stacy K. Patts

Stacey R. Potts Daviess County Extension Agent for 4-H and Youth Development



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